

Family Circle:

Helping Children and Families Cope when a Parent has Cancer



Saturday, October 13, 2012
10:30 am - 1:00 pm

Special Guest Speaker:

Scott Rogers, JD

*Founder and Director
of the Institute for Mindfulness Studies*



Mindful Parenting

walking the path of cancer survivorship in family, mindfully, joyfully

Join us for Family Circle with special guest Scott Rogers, author of
Mindful Parenting: Meditations, Verses and Visualizations for a More Joyful Life.

He will introduce us to the possibilities of mindfulness for ourselves and our families.
Explore how we can all develop strategies that will help us be more present and more joyful in
our lives and in our relationships.

Mindful exercises will also be introduced in the children's program.

For reservations, please call 305-668-5900

Offered **FREE** of charge through a generous collaboration with



Cancer Support Community Greater Miami

A free program of support, education and hope for people affected by cancer.

8609 South Dixie Highway, Miami, FL 33143 • 305-668-5900

www.CancerSupportCommunityMiami.org